God's Story Our Story"

June 23, 2019

Psalm 69:1-16



When the Floods Rise

Use this resource at home to quide your household's daily devotions.



Pray: Light a candle. Open your devotion with prayer.

Steadfast God, when despair overwhelms us, you are always there. Keep our heads above water and our feet from sinking into the mire, so that we might learn to sing your praises once again. In Jesus' holy name we pray, amen.



Read: Read the key verse from Sunday's reading.

I sink in deep mire, where there is no foothold: I have come into deep waters, and the flood sweeps over me. (Psalm 69:2)



Reflect: Reflect on the scripture summary.

Learning to be patient for God's answer to prayer can be difficult. But the psalmist knows that their persistence can pay off, even when despair threatens to derail them.



Connect: Connect in conversation with others in your house-

What was a high point of your day? What was a low point? Think of the last news report that showed despair. What was happening? Who was affected? Does the media do anything to affect the way we feel?

Share a time you felt despair. Was there a singular cause or was there a build up of events? What has been the greatest help when you feel like you are sinking?

For the littles: Have you ever felt sad? What helps you feel better? God is with you even when you are sad.



Bless: Close your devotion with a blessing.

Remember you are a beloved child of God, even when you struggle. Amen.



Do: By acting on what we learn, we make God's word come alive. Do the following activity this week.

Help those who are struggling. Volunteer to help those in need, perhaps at an establishment that feeds the hungry or by donating food to a summer school program.



Go Deeper: Go to clergystuff.com/daily-devotions for devotions on the daily readings.

Monday, Psalm 22, Psalm of Lament Tuesday, Psalm 51, Psalm of Lament Wednesday, Psalm 70, Psalm of Lament Thursday, Psalm 108, Psalm of Lament Friday, Psalm 123, Psalm of Lament Saturday, Psalm 139, Psalm of Lament

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